### Presentation

- **Exactly what happened:**
  - STAR: Settings, Triggers, Actions, Results OR
  - ABC: Antecedents, Behaviour, Consequences

- **Beware of interpretations:**
  - e.g. “withdrawn”, “aggressive”, “destructive”
  - “non-compliant”, “attention seeking”,
  - “manipulative”.

### Context

#### Safety
- Person, others.
- Immediate, imminent.

#### Communication
- Expressive and receptive ability.
- Preferred methods and equipment.

#### Person
- Usual behaviour, personality, abilities, challenges.
- Cause of disability (behavioural phenotype?)

#### Support network
- Family and paid support workers - knowledge, concerns, perspective.

### Assessment and Provisional Diagnosis

#### Physical health
- Symptoms, age and gender, aetiology of disability.
- Physical examination.

#### Sensory issues
- Consider sensory loss.
- Altered sensory thresholds (increased or decreased).

#### Mental health
- Anxiety, depression, mania, psychosis, bipolar disorder.

#### Life circumstances
- Environment: social, physical.
- Life events: change, transition, grief.

### Initial Management

- Further history. Behaviour recording.
- Investigations and referrals.

- **Intervention:**
  - Non-pharmacological.
  - Pharmacological.

### Ongoing Management

- Monitor and review
- Multidisciplinary Team
- Resources
- Manage and refer